



# YogodaSatsangaPalparaMahavidyalaya

NAAC Accredited ('B' Grade) and NCTE Recognized (B.Ed. and M.Ed Courses)  
affiliated to

Vidyasagar University, Midnapore and WBUTTEPA, Kolkata, (Govt. of West Bengal)

At + P.O :Palpara, Dist : Purba Medinipur, PIN Code – 721458, West Bengal, India

## Report on Visit to Yoga Ashram and Center

**Date:** 23.11.2018

**Place:** Yogoda Satsanga Ashram, Dakshineswar

**Academic Year:** 2018-2019

Students of 1<sup>st</sup> semester, M.Ed. Dept. of Y.S.Palpara Mahavidyalaya went for visit to Yogoda Satsanga Ashram, Dakshineswar as per practicum syllabus under Course 2.1.6 (Self development through Yoga Education).

It was a one day gtrip. The journey started from Palpara College through bus. The Yogoda Satsanga Math was originally a 'garden house' sprawling over two acres of land, with stables which were converted into working areas. There was a sizeable pond which is still being maintained. In recent years, a guest house, kitchen and dining areas were added for the convenience of visiting devotees from India and abroad, as envisaged by our Divine Guru. Students interviewd Swami Achutananda Giri Maharaj, to have understanding about the objctives and various activities of the ashram. Then students mediated in the Meditation hall (Dhyan Mandir) of the Ashram for their spiritual enlightenment for 30 minutes. In the evening students again returned to their college through bus.



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## DAY WISE WORK DETAILS OF STUDENTS

**Day 1:** a) Visit to Yogoda Satsanga Ashram, Dakshineswar to have understanding about the social relevance of the math.

b) Meditation in Meditation hall for advocating spiritual and cultural understanding.




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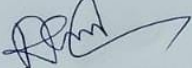
Vidyasagar University, Midnapore and WBUTTEPA, Kolkata, (Govt. of West Bengal)

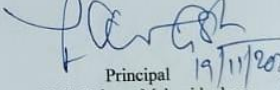
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Date: 19.11.2018

**NOTICE**

All M.Ed. students of 1<sup>st</sup> Semester are hereby informed that visit to Yogoda Satsanga Ashram, Dakshineswar as per practicum syllabus has been fixed on 23.11.2018. For further details contact the undersigned.

  
Dr. Amit Kumar Maity  
Co-ordinator, M.Ed.  
Co-Ordinator, M.Ed.  
Y.S. Palpara Mahavidyalaya

  
Principal  
Y. S. Palpara Mahavidyalaya  
Principal  
Y.S. Palpara Mahavidyalaya

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**Notice**



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## Department of M.Ed.

### Yogoda Satsanga Palpara Mahavidyalaya

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Palpara, Purba Medinipur, 721458



Organizing

## Visit to Yoga Ashram

**Date: 23.11.2018**

**Place: Yogoda Satsanga Ashram, Dakshineswar**

Flyer



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Some glimpses of visit to Yoga Ashram and Center

*The End*