



Yogoda Satsanga Palpara Mahavidyalaya

NAAC Accredited ('B' Grade) and NCTE Recognized (B.Ed. and M.Ed Courses)
affiliated to
Vidyasagar University, Midnapore and WBUTTEPA, Kolkata, (Govt. of West Bengal)

At + P.O : Palpara, Dist : Purba Medinipur, PIN Code – 721458, West Bengal, India

KITCHEN GARDEN

The Kitchen Garden of Yogoda Satsanga Palpara Mahavidyalaya is located behind the Administrative and near the Herbal Garden. The plan of establishing the kitchen garden executed from August, 2020. The preparation of garden finally started from November, 2021 after pandemic period and college reopening. Some vegetables are cultivated in this kitchen garden which varies time to time depending on the weather condition and seasons.

Objectives

The kitchen garden of our college campus serves several objectives, including:

- 1. Educational Tool:** Provides hands-on learning opportunities for students in agriculture, horticulture, botany, and environmental sciences.
- 2. Promoting Sustainability:** Encourages sustainable practices by growing organic produce, reducing carbon footprints, and teaching the importance of local food systems.
- 3. Nutrition and Health:** Offers fresh, nutritious produce for the campus community, promoting healthy eating habits among students and staff.
- 4. Community Engagement:** Fosters a sense of community through collaborative gardening activities and can be a space for workshops, events, and social interaction.
- 5. Stress Relief and Well-being:** Acts as a green space where students and staff can relax, reducing stress and enhancing mental well-being.
- 6. Research Opportunities:** Provides a living lab for research in areas like plant biology, ecology, and sustainable agriculture practices.
- 7. Aesthetic Enhancement:** Adds beauty to the campus, creating an inviting and green environment.
- 8. Environmental Awareness:** Educates students about environmental stewardship, biodiversity, and the importance of conserving natural resources.



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LIST OF VEGETABLE PLANT CULTIVATED IN KITCHEN GARDEN

SL NO.	SCIENTIFIC NAME	COMMON NAME
1.	<i>Capsicum annum</i>	Green Chilli
2.	<i>Solanum melongena</i>	Brinjal
3.	<i>Basella alba</i>	Malabar Spinach
4.	<i>Trichosanthes dioica</i>	Pointed gourd
5.	<i>Cucurbita pepo</i>	Pumpkin
6.	<i>Memordica charantia</i>	Bitter Gourd
7.	<i>Abelmoschus esculentus</i>	Lady's finger
8.	<i>Carica papaya</i>	Papaya
9.	<i>Amorphophallus campanulatus</i>	Elephant foot yam
10.	<i>Centella asiatica</i>	Indian pennywort



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Some of the pictures of the Kitchen Garden

