



YogodaSatsangaPalparaMahavidyalaya

NAAC Accredited ('B' Grade) and NCTE Recognized (B.Ed. and M.Ed Courses)
affiliated to

Vidyasagar University, Midnapore and WBUTTEPA, Kolkata, (Govt. of West Bengal)

At + P.O :Palpara, Dist : Purba Medinipur, PIN Code – 721458, West Bengal, India

Report on Visit to Yoga Ashram and Center

Date: 29.11.2019

Place: Yogoda Satsanga Ashram, Dakshineswar

Academic Year: 2019-20

Students of 1st semester, M.Ed. Dept. of Y.S.Palpara Mahavidyalaya went for visit to Yogoda Satsanga Ashram, Dakshineswar as per practicum syllabus under Course 2.1.6 (Self development through Yoga Education).

It was a one day gtrip. The journey started from Palpara College through bus. The Yogoda Satsanga Math was originally a 'garden house' sprawling over two acres of land, with stables which were converted into working areas. There was a sizeable pond which is still being maintained. In recent years, a guest house, kitchen and dining areas were added for the convenience of visiting devotees from India and abroad, as envisaged by our Divine Guru. Students interviewd Swami Achutananda GiriMaharaj, to have understanding about the objctives and various activities of the ashram. Then students mediated in the Meditation hall (Dhyan Mandir) of the Ashram for their spiritual enlightenment for 30 minutes. In the evening students again returned to their college through bus.



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DAY WISE WORK DETAILS OF STUDENTS

Day 1: a) Visit to YogodaSatsanga Ashram, Dakshineswar to have understanding about the social relevance of the math.

b) Meditation in Meditation hall for advocating spiritual and cultural understanding.



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PALPARA P.O : Palpara, Dist : Purba Medinipur, PIN Code – 721458, West Bengal, India
Date: 22.11.2019

NOTICE

All M.Ed. students of 1st Semester are hereby informed that visit to Yogoda Satsanga Ashram, Dakshineswar as per practicum syllabus has been fixed on 29.11.2019. For further details contact the undersigned.

[Signature]
Dr. Amit Kumar Maity
Co-ordinator, M.Ed.
Y.S. Palpara Mahavidyalaya

[Signature]
Principal
Y. S. Palpara Mahavidyalaya
Principal
Y.S. Palpara Mahavidyalaya

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Notice



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Department of M.Ed.

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Palpara, Purba Medinipur, 721458



Organizing

Visit to Yoga Ashram

Date: 29.11.2019

Place: Yogoda Satsanga Ashram, Dakshineswar

Flyer



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Some glimpses of visit to Yoga Ashram and Center

The End