



Yogoda Satsanga Palpara Mahavidyalaya

NAAC Accredited ('B' Grade) and NCTE Recognized (B.Ed. and M.Ed Courses)
affiliated to

Vidyasagar University, Midnapore and WBUTTEPA, Kolkata, (Govt. of West Bengal)

At + P.O : Palpara, Dist : Purba Medinipur, PIN Code – 721458, West Bengal, India

A Report on the Medical Awareness Camp through Measurement of Different Health Parameters

A Medical Awareness Camp through Measurement of Different Health Parameters was organised by the Social Involvement Programme Committee in association with the Medical Unit, the four NSS Units and the Internal Quality Assurance Cell (IQAC) of Yogoda Satsanga Palpara Mahavidyalaya on 16.04.2024, in the Medical Unit Room of the college from 10.45 AM. The camp was organised to promote health awareness among the participants and the general populace of the area.

The programme was inaugurated by Dr. Mrinalkanti Dey, Head, Dept. Of Philosophy at 11.00 AM in presence of Dr. Amita Dash, in-charge of the Medical Unit, Dr. Ranjit Mondal, (Medical Officer, RBSK), Mr. Indrajit Jana (Pharmacist, RBSK), Community Health Officer Mrs. Sucharita Mapa, NSS Programme Officers Mr. Sujit Mandal, Mr. Soumen Roy, Mr. Mohan Kumar Gupta, Ms. Srimoyee Roy, also the Covener of the SIP Committee, other faculties and all the members of Medical Unit. After the inauguration, IQAC co-ordinator Dr. Aniruddha Sinha felicitated the honourable guests. The health screening programme began with a welcome address by Dr. Amita Dash, who highlighted the importances of arranging regular health awareness camps in the college premises.

With the assistance of the Block Medical Officer of Health, Asha health workers and a medical officer were assigned to carry out the different duties of the Medical Camp. NSS volunteers and student volunteers were present at the programme to assist with the organisation and various other duties of the Camp including measurement of height, weight, blood pressure, pulse and blood oxygen levels. They carried these out under the directions and guidance of the Asha health officials present at the scene. The camp saw enthusiastic participation from 81 students and 34 teaching/non-teaching staffs of the college. Two ASHA workers and some students volunteered their time and expertise to ensure the success of the event.

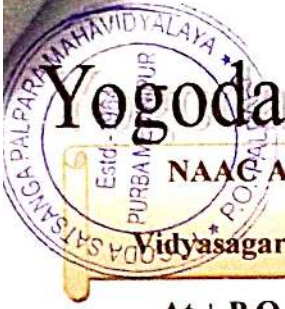
The activities of the camp included:

1. Health Screenings: The following health parameters were measured by the volunteers for all the participants in the event-

- Height and Weight
- BMI (Body Mass Index) measurements
- Blood pressure level
- Blood sugar level
- Pulse Rate
- Respiratory Rate
- Oxygen Saturation level

2. Free consultation: After all the health parameter screenings, the participants were directed along with their report card to Dr. Ranjit Mondal for a free expert consultation and interpretation. He evaluated the parameters and interpreted the health condition of the participants. Mr. Indrajit Jana also helped him by suggesting some medicines for the participants as per the requirement.

3. Awareness Session: Mrs. Sucharita Mapa (CHO) arranged an educational session to raise awareness among the students about the HIV/AIDS and its impact on individuals and communities. She explained the causes, transmission, symptoms and prevention strategies of HIV/AIDS. Additionally, she discussed some stories of people living with HIV and their coping strategies to encourage the participants.




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The participants expressed high satisfaction with the services provided and appreciated the comprehensive nature of the camp. Many attendees highlighted the usefulness of the health screenings and the practical advice offered during the educational sessions. The programme was concluded with closing remarks by Dr. Amita Dash, who encouraged the participants and appreciated the volunteers for their enthusiastic participation. The members of the medical unit assured that more such useful health screening and awareness camps will be organized in the future.


Prof. (Dr.) Pradipta Kumar Mishra
Principal
Y.S. Palpara Mahavidyalaya

18/04/2024

(Srimoyee Roy)
Convener

Social Involvement Programme Committee

16/04/2024

Principal
Y.S. Palpara Mahavidyalaya



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NOTICE



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Date- 15.04.2024

NOTICE

This is for the information of all the students and staff members of Yogoda Satsanga Palpara Mahavidyalaya that a special **Medical Awareness Camp through the measurement of different Health Parameters** is being organized by the Medical Unit, NSS Units and SIP Committee of the college in collaboration with IQAC. This camp is organized to promote health awareness and ensure everyone's well-being. We solicit your whole hearted participation and we encourage you to take this opportunity to monitor your health & well-being. Join us on **16th April, 2024** at the Medical Unit building of the College at **10:45 am** in this grand endeavour by the college.

In-Charge, Medical Unit
Y.S. Palpara Mahavidyalaya

Coordinator, IQAC
Y.S. Palpara Mahavidyalaya

Principal
Y.S. Palpara Mahavidyalaya

Convener, SIP Committee
Y.S. Palpara Mahavidyalaya

NSS Programme Officers (Units I, II, III, IV)
Y.S. Palpara Mahavidyalaya

Web Site: www.yspm.org E-mail: yspmprincipal@rediffmail.com Contact: 9474348989/Fax: 03220-249867

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PROGRAMME SCHEDULE

SPECIAL HEALTH AWARENESS CAMP

ON **16/04/2024**

ORGANISED BY MEDICAL UNIT, NSS & SIP COMMITTEE IN
COLLABORATION WITH IQAC

YOGODA SATSANGA PALPARA MAHAVIDYALAYA

PROGRAMME SCHEDULE

	VENUE: MEDICAL UNIT BUILDING
11:00AM	Inauguration of the Health Awareness Camp by Honourable Principal Sir Prof (Dr) Pradipta Kumar Mishra Y.S Palpara Mahavidyalaya & the invited guests.
11:05AM	Felicitation to the Honourable Guests
11:10 AM	Welcome Address by Dr. Amita Dash, In-charge of Medical Unit
11:20 AM	Introductory speech by the honourable guests regarding the importance of the health awareness camp
11:30 AM	Health parameter measurement will start for the Students, Teaching & Non-Teaching staff of the college.

BANNER

YOGODA SATSANGA PALPARA MAHAVIDYALAYA
Palpara, Purba Medinipur, 721458
Observation of World Health Day
(7th April, 2024)
Special Awareness Camp
Through the Measurement of Different Health Parameters
Organized by
Medical Unit
National Service Scheme (NSS) Units
Social Involvement Programme (SIP) Committee
In Collaboration with IQAC
Date: 16.04.2024. Time: 11:00 am - 2:30 pm
Venue - Medical Unit Building, Y.S Palpara Mahavidyalaya



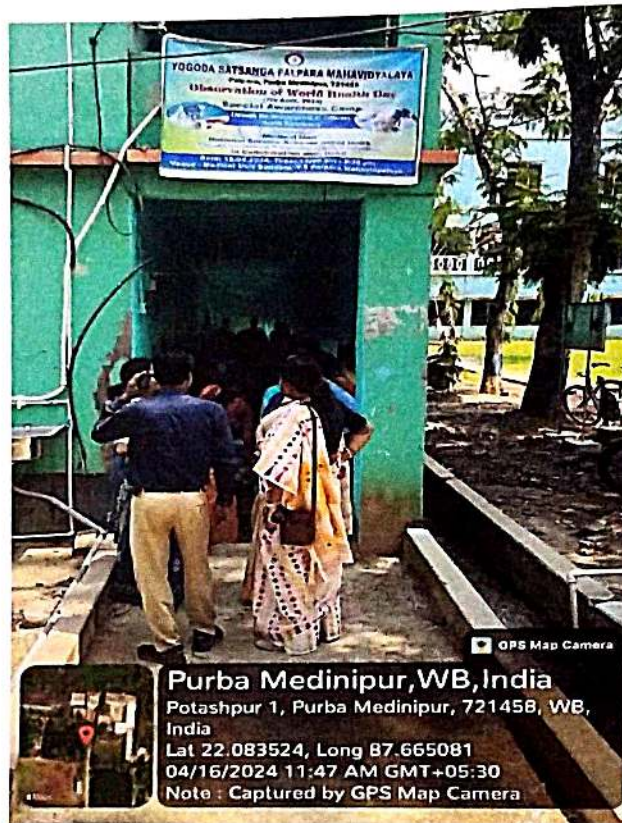
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SOME GLIMPSES OF THE HEALTH AWARENESS CAMP



Health Awareness inauguration and the presence of the honourable guests

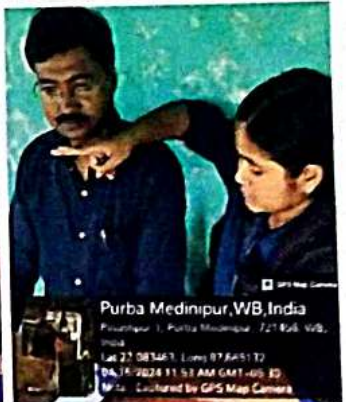


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Measurement of different health parameters of the participants by the volunteers

Web Site: www.yspm.org E-mail : yspmprincipal@rediffmail.com , Contact : 03220- 249227 Fax : 03220 – 249867



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Free consultation and interpretation of the measured health parameters

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HIV/AIDS awareness session



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ATTENDANCE OF TEACHING AND NON-TEACHING STAFF



Yogoda Satsanga Palpara Mahavidyalaya

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HEALTH AWARENESS CAMP

(World Health Day Observation)

16.04.2024

Organised by Medical Unit, Y.S. Palpara Mahavidyalaya
In Collaboration with NSS Units and SIP Committee

And IQAC

STAFF ATTENDANCE SHEET

Serial No.	Name of the Teaching/Non-Teaching Staff	Department
1	Mrinal Kanti Ghosh	Philosophy
2	Dr. Anindolke Sinha	Mathematics
3	(Professor) Kumar Ghosh	Math
4	Koushika Ghosh	PHIL
5	Shelki Manivulor	Phy. Ed
6	Mahamaya Ghosh	Physical Education
7	Sawmita K. Ghosal	B. Ed
8	Rajat Mishra	Eng. Dept.
9	Gurupada Maitra	Eng. Dept.
10	Ananda Mohan Maitra	Bengali
11	Srimoyee Roy	English
12	Subhabanti Maiti	Bengali
13	Ashita Samanta	Geography
14	Sujit Mandal	English
15	Aditya Mondal	Amanti
16	Amrita Dasg	Amanti
17	Saimali Dasg	Amanti
18	Bina K. Dasg	Amanti
18	Bannamati Khattera	Amanti/Bengali
20	Puja Dasg	Amanti
21	Satyaabrata Saha	Amanti
22	Pratikha Dasg	Zoology
23	Shikha Banerjee	Phys. Ed
24	Gargita Samanta	B.Sc. (General)
25	Madhumita Dasg	B.Sc. (General)

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Serial No.	Name of the Teaching/Non-Teaching Staff	Department
1	SRAMIMANTA SARANGI	SANSKRIT
2	SATTENDRA NATH ADAR	SANSKRIT
3	Dr. Manju Dutta	SANSKRIT
4	Ms. Sudip Maity	PHYSIOLOGY
5	Dr. Mridul Paul Das	Bengali
6	Dr. Anghya Basu	HISTORY
7	Sanjit Ghosh	History
8	Aminduloh Bahadur Choudhary	History
9	Bhupen Mandal	Sanskrit
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ATTENDANCE OF THE STUDENTS



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STUDENT ATTENDANCE SHEET

Serial No.	Name of the Student	Semester	Roll No.	Department
1	Ratnadip Das	1st	51	B.ed.
2	Ananya Barman	1st	01	B.ed
3	Milan Das	6th	212	B.A
4	Ranul Das	8th	597	D.A
5	Sk. Mah. Ali	4th Sem	98	B.Ed
6	Balbhadra Praman	4th Sem	14	B.Ed.
7	Ajit Kumar	4th Sem	41	B.Ed
8	Jayanta Das	4th Sem	101	B.Ed
9	Nandita Das	4th Sem	24	B.Ed
10	Sonali Das	4th Sem	92	B.Ed
11	Moulik Das	5th Sem	299	B.A
12	Nash Choudhary	6th Sem	267	B.A
13	Amrit Das	6th Sem	258	B.A
14	Raju Samanta	6th Sem	263	B.A
15	Aneel Choudhary	1st	07	B.Ed
16	Biren Choudhary	1st	10	B.Ed.
17	Dipankar Das	6th Sem	57	B.Sc(A)
18	Mallika Bhunia	2nd Sem	82	B.Sc(A)
19	Sabya Das	6th Sem	19	B.Sc(A)
20	Kalyan Das	L.T.		Library
21	Nabamita Das	L.T.		Library
22	Nandita Das	6th Sem	25	Bengali
23	Sumana Das	6th Sem	163	B.A.
24	Apollia Das	6th Sem	162	B.A.
25				

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STUDENT ATTENDANCE SHEET

Serial No.	Name of the Student	Semester	Roll No.	Department
1	Subhamita Maity	6 th sem	21	English
2	Tanmay Jana	1 st sem	357	English
3	Aditi Pallojany	1 st sem	189	English
4	Madhu Maity	1 st sem	238	English
5	Chirika Jana	1 st sem	467	English
6	Bini Maity	1 st sem	294	English
7	Sourav Ghosh	1 st sem	330	English
8	Arundha Hal	6 th sem	16	Bio Science
9	Souvik Maity	6 th sem	170	English
10	Subha Ghosh	6 th sem	269	English
11	Brahati Jana	6 th sem	61	English
12	Suparna Maity	6 th sem	69	English
13	Soma Gupto	1 st sem	4	B.Ed.
14	Sujata Bhunia	1 st sem	15	B.Sc Bio (Gen)
15	Erha Maji	1 st sem	10	B.Sc Bio (Gen)
16	Sydney Saha	6 th sem	204	B. Ed HONOR
17	Sakshita Ghosh	6 th sem		B. Ed HONOR
18	Sudeshna Jana	1 st sem	43	B.Sc (H)
18	Pinki Si	1 st sem	1	B.Sc (H)
20	Animesh Banman	1 st sem	33	B.Sc (H)
21	Chandrabati Maji	3 rd sem	69	B.Sc (U)
22	Arifa Kati	6 th sem	157	B.A (P)
23	Nidhi Das	6 th sem	164	B.A (P)
24	Srabani Das	6 th sem	158	B.A (U)
25				

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STUDENT ATTENDANCE SHEET

Serial No.	Name of the Student	Semester	Roll No.	Department
1	Sandip Maiti	1st	88	B.Sc. Bio
2	Adan Mahapatra	6th	44	B.Sc. Bio
3	Madhumita Sena	4th	42	B.Sc. Bio
4	Sanjita Samanta	4th	846	B.Sc. Bio
5	Sunita Adak	6th	18	B.Sc. Bio
6	Anamika Bera	6th	17	B.Sc. Bio
7	Sagnika Sena	4th	40	B.Sc. Bio
8	Blaswati Panda	4th	67	B.Sc. Bio
9	Priyanka Jana	4th		B.Sc. Bio
10	Chayan Mandal	4th	28	B.Sc. Bio
11	Sahib Baruah	6th	19	B.Sc. Bio
12	Kubeli Rani Mousan	6th	22	B.A. Eng
13	Sutanuka Bhattacharjee	6th	23	B.A. English
14	Suranjana Bera	6th	29	B.A. English
15	Jayasri Maiti	6th	55	B.A. English
16	Sachchita Bera	6th	24	B.A. English
17	Susmita Bera	6th	50	B.A. English
18	Suvarna Mandal	6th	18	B.A. English
18	Purnima Mandal	6th	101	B.A. English
20	Gourab Mandal	6th	189	B.A. English
21	Soumen Saha			
22	Srijana Bhowmik	1st	229	B.A. English
23	Pratima Pradhan	1st	226	B.A. English
24	Sumitra Patra	6th	190	B.A. English
25	Purnika Roy Mahapatra	6th	127	B.A. English

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Serial No.	Name of the Student	Semester	Roll No.	Department
1	Pradisha Dulla	B.Ed 4th	59	B.Ed
2	Madhusmita Khuntia	4th	72	B.Ed
3	Pallabi Roy Mahapatra	B.Ed 4th	08	B.Ed
4	Sampa Rani Maity	B.Ed 1st	66	B.Ed
5	Thuma Das Adhikari	6th	106	H.Ed
6	Pallabi Guchhait	6th	11	H.Ed
7	Kishori Bhattacharya	1st	21	B.Ed
8	Sanjukta Jana	1st	69	B.Ed
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HEALTH PARAMETER REPORT CARD

HEALTH REPORT CARD
Yogoda Satsanga Palpara Mahavidyalaya
(NAAC Accredited - B Affiliated to Vidyasagar University)
Palpara, Purba Medinipur, West Bengal, 721458

Name: Aditya Mandi
Age: 40 Sex: M Blood group: B+
Height: 159 Weight: 80 Kg

- Body Mass Index (BMI): 31.6 (O¹)
- Blood Pressure level: 126/86
- Blood Sugar level: 153
- Pulse Rate: 86
- Respiratory Rate: 24
- Oxygen Saturation level: 99%
- Any other Health Parameter: _____

Overall Remarks: Overweight, slightly high BP
Date: 16.04.24
Signature of Principal: [Signature] Signature of Doctor: [Signature] Signature of Health Officer: [Signature]

HEALTH REPORT CARD
Yogoda Satsanga Palpara Mahavidyalaya
(NAAC Accredited - B Affiliated to Vidyasagar University)
Palpara, Purba Medinipur, West Bengal, 721458

Name: Milan Bera
Age: 21 Sex: M Blood group: B+
Height: 157 Weight: 45 Kg

- Body Mass Index (BMI): 18.3 (U)
- Blood Pressure level: 122/87
- Blood Sugar level: 120
- Pulse Rate: 80
- Respiratory Rate: 21
- Oxygen Saturation level: 98%
- Any other Health Parameter: _____

Overall Remarks: Underweight, Slightly high BP
Date: 16.04.24
Signature of Principal: [Signature] Signature of Doctor: [Signature] Signature of Health Officer: [Signature]

HEALTH REPORT CARD
Yogoda Satsanga Palpara Mahavidyalaya
(NAAC Accredited - B Affiliated to Vidyasagar University)
Palpara, Purba Medinipur, West Bengal, 721458

Name: Armit Das
Age: 22 Sex: M Blood group: OT
Height: 159 Weight: 96 Kg

- Body Mass Index (BMI): 18.2 (U)
- Blood Pressure level: 113/71
- Blood Sugar level: 134
- Pulse Rate: 84
- Respiratory Rate: 22
- Oxygen Saturation level: 99%
- Any other Health Parameter: _____

Overall Remarks: Underweight
Date: 16.04.24
Signature of Principal: [Signature] Signature of Doctor: [Signature] Signature of Health Officer: [Signature]

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