

NAAC Accredited ('B' Grade) and NCTE Recognized (B.Ed. and M.Ed Courses) affiliated to

Vidyasagar University, Midnapore and WBUTTEPA, Kolkata, (Govt. of West Bengal)

At + P.O: Palpara, Dist: Purba Medinipur, PIN Code – 721458, West Bengal, India

Ref: Date: 04/06/2023

To, The Co-Ordinator, NSS Units, Vidyasagar University, Midnapore – 721102

[Subject: Report on Impacts of Cell Phone Addiction in College Students' Life by NSS]

Students as well as people all around the world now-a-days are exclusively dependent on mobile phones and internet. Use of such devices have become so common that sometimes they forget to make use of their brain and they take recourse to the devices and applications instead. Gradually mobile phone addiction rises up alarmingly and it becoming life threatening so often. Listening to songs using head phones on the streets sometimes causing fatal accidents. Students are losing concentration in their studies, losing their mental temperament and patience due to it also. In this regard the NSS Units of Yogoda Satsanga Palpara Mahavidyalaya under the patronage of the IQAC arranged a One Day Workshop on Impacts of Cell Phones in College Students on 26th June, 2023 to preach the message of awareness among the students on the restricted and appropriate use of mobile phones. A number of almost 300 NSS Volunteers and other student were present in the programme. The workshop was inaugurated by Dr. Mrinal Kanti Dey, HoD of Philosophy Department of the college through the floral tribute to the bust of Dr. Sarvapalli Radhakrishnan in the Seminar Hall. Dr. Dey has a wonderful interactive session with the audiences. He explained the negative impacts of mobile phones in tis wrong and inappropriate usage. He exemplified health issues associated with the excessive use of such gadget.

The other speaker of the workshop was Mr. Binod Kumar Sardar, NSS P.O. and Assistant Professor in the Department of Geography, who very lively delineated various aspects of the use of mobile phones. Students were highly motivated with his speech and came to know about the darker aspects of the use of mobile phones. At the end Mr. Bhupen Mondal, another P.O. of NSS advised the students and Volunteers not to use mobile phones unhesitatingly. The entire programme was moderated by Sujit Mandal, NSS P.O. and Head of the Department of English of the college.

Glimpses of the day's activities have been documented and pictorially delineated underneath.



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With regards,

Sd/Prof. (Dr.) Pradipta Kumar Mishra
Principal
Y.S. Palpara Mahavidyalaya

Place: Palpara Date: 27.06.2023

Name of the NSS Programme Officers:

Unit-I: Prof. Binod Kumar Sardar

Unit-II: Prof. Srimoyee Roy

Unit-III: Prof. Sujit Mandal

Unit-IV: Prof. Bhupen Mondal



Flyer of the Workshop



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Yogoda Satsanga Palpara Mahavidyalaya

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Date: 21.06.2023

All the Teaching, Non-Teaching staff, volunteers of NSS Unit - I, II, III & IV of Yogoda Satsanga Palpara Mahavidyalaya are hereby informed that National Service Scheme, NSS in collaboration with IQAC of the college are going organize a workshop on **Impacts of Cell Phone Addiction in Student Life** on 26.06.2023 in the Seminar Hall of the College at 12:30 p.m. It is to scatter a message of arareness among the learners to stay away from being addicted in mobile phones. All are cordially invited and requested to remain present in the programme.

NSS; P.O. Unit-I: Prof. Biond Kumar Sardar

NSS; P.O. Unit-II: Prof. Srimoyee Roy

NSS; P.O. Unit-III: Prof. Sujit Mandal

NSS; P.O. Unit-IV: Prof. Bhupen Mondal

Sd/-Prof. (Dr.) Pradipta Kumar Mishra Principal Yogoda Satsanga Palpara Mahavidyalaya

 $Web \ Site: \underline{www.yspm.org} \ E-mail: \underline{yspmprincipal@rediffmail.com} \ , \ Contact: 03220-249227 \ Fax: 03220-249867$



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NSS; P.O.Unit-IV:

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Serial No.	Name of the NSS Volunteer	Semester	Department	Class Roll NO.
1	Avinanda Basak.	11	English (H)	299
2	Manani Kuila		English (H)	268
3	Sudifa Maity	11	English (H)	269
4	Radhapane Maetz	11	Bengale (H)	65
5	Banasoni Pal	11	English (H)	293
6	Sita Blunia	11	English (H)	280
7	Pallabe Das	2nd	Eng(tt)	251
8	Sanchita Pal	2nd	English (H)	255
9	Susmita Bharta	2nd	English (H)	282
10	Shreema Ghorrai	2nd	English (H)	294
11	Payel Jana	2nd	English (H)	283
12	Srabani Ghorai	2nd	English (H)	
13	Manisha Sam.	2nd	English (H)	302
14	Tanushoi Das	200	English (H)	305
15	Radhareani Pattanayak	2nd sem	Eng (Hons)	286
16	Reshmi khaften	2nd Sem	Reg (Hons)	279
17	papiya Das	2nd Sem	Eng (Hons)	339
18	Paramita Bhunia		Philosophy(+)	
19	susmita Plani Samanta	2nd sem	(Philosophy)	220
20	Sounita Bramanik		Philosophy (H)	
21	Pampa Shit	2nd sem	Philosophy (H)	216
22	Jali Singha	2nd Sem	Philosophy(H)	
23	Madhumita pabaoci	2nd Sem	Philosophy (H)	3+1
24	Rufuli maik up	2nd sem	Philosophy (H)	35
25	Kousik Beson	2nd Sam	English (H)	201

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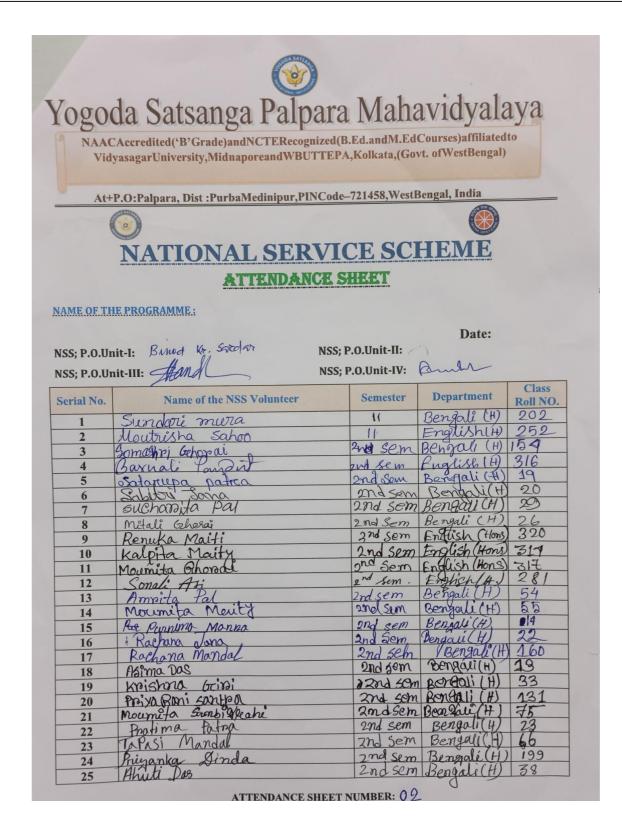
 $WebSite: \underline{www.yspm.org} E-mail: \underline{yspmprincipal@rediffmail.com}, Contact: 03220-249227 Fax: 03220-249867$



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NSS; P.O.Unit-IV:

Date:

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Serial No.	Name of the NSS Volunteer	Semester	Department	Class Roll NO.
1	Sangita Dabjee	11	English (H)	264
2	Knishna Pania	(S)	English (H)	307
3	Amisha Whatea	ST E	Forglish(H)	285
4	Antoroa Bromanik	T	English(1+)	343
5	Jajatré Adak	TI)	EnglishCH)	289
6	Suparna Jana	I	English (H)	257
7	Mayna khatua		English (H)	329
8	Supanna Shit	1V	Phalish (H)	325
9	Aziria Pander		English (H)	331
10	Shibani Maity		English (11)	298
11	Pariya maily		English (H)	289
12	Insama Manna.		English(H)	288
13	Ashrita Jana.	I	English (H)	263
14	Satabdi Dey	YL YL	Bengali(H)	36 15
15	Sudipa Bera	1)	Bengali (H)	
16	Keya Jana	- TV	Benerali (H)	17 16
17	Keýa Jana Subal Malty	ĪV.	Bengall (H)	
18	Suparna Guchhait	It	Philosophy (H)	394
19	Pinki Samanta	II	Philosophy (H)	246
20	Sudepta Maity	ITI	Philosophy (H)	245
21	Ambika Marma	I	DUILOSOPHY(H)	215
22	Sam la Adala	N. T.	Bengale	41
23	Sayptet Barmon	11	English	330
24	Madrusudan Manna	11	English	334
25	Buddhader Sahoo	11	English (H)	277.

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NAME OF THE PROGRAMME:

Date: NSS: P.O.Unit-II:

NSS; P.O.Unit-I: Brund Kr. Sardar NSS; P.O.Unit-III: Alan M

NSS; P.O.Unit-IV:

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				Class
Serial No.	Name of the NSS Volunteer	Semester	Department	Roll NO.
1	Ampita Sahu	and Sem	English (H)	276
2	Somaznie Ray Mahapatna	2md Sem	English (H)	265
3	Knishna Pania	2nd Sem	English (H)	307
4	Sangita Dabjee	2nd Sem	English (H)	264
5	Amisha Khatua	222 Sem	English (H)	285
6	Antara Propomanik	and Sem		343
7	Jaynthe Adak	2nd sen	Engle XLH)	284
8	Sudipa Blunia	2nd sem		275
9	Arrita Panda	2nd Sem	English(H)	331
10	Mayra khartuer	2nd Sem	English (H)	329
11	Supanna shet	2nd sem	Bhaiish (H)	325
12	Supatona Jana	and sem	English (H)	257
13	Insana Manna.	2nd sem	English (H)	288
14	Ashrita Jana;		English (H)	263
15	Patita mainly	and sem		289
16	Shipani Mail 2		English (14)	208
17	Swaff Malty Keya Jana		Bengali (H)	16
18		2nd Sem		17
19	Sudipa Bera	2nd Sem		15
20	Satabdi Deg	2nd Sem	Bergali (H)	36
21	Ambika Manna	and sem	(H) Enclosolind	215
22	Diporton Barman	2nd sem	philosophy (11)	591
23	Raxumer Dinta	2nd sem	philosophyen	388
24	Suparina Guerhaet	2nd sem	Philosophy (H)	394
25	Saheli Jana	2nd sem	Bengali (H)	50

ATTENDANCE SHEET NUMBER: (34)



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Serial No.	Name of the NSS Volunteer	Semester	Department	Class Roll NO.
1	Koyel Nahapaha	11	English (H)	336
2	1 Pitali Ami	11	English (H)	321
3	Dipina Poola	11	Engreish (H)	328
4	Pura Das Adri Kara	\1	Bengau(H)	151
5	Sumana Maifi	11	Benyaii (H)	
6	sarrida Bruria	11	Beredich)	164
7	Alpana Bena	ii	Bengali (Hors)	08
8	Sugmita Sasmal	H	Bengali (Hons)	135
9	Kozishna komilya	[1]	Bengali (Hons)	132
10	Sonali Sona	11	Benzali (H)	134
11	Swendy Pal	u	Benjali CH)	30
12	Santanu Bazman	2nd Sem	English(+1)	303
13	Madhesudan Maring	272 Sem	Bonglish(H)	334
14	Rakesh Chaulio	2nd sem	Bright (H)	250
15	Salyojet Caromore	2nd Sem	English (+1)	330
16	Sathi Shit	2nd Sem	Benjali (H)	51
17	Buddhader Sahoo	2nd, Sem	English (H)	277
18	Rita Mandal	and sem	Bengali (H)	100
19	Anita Bhunsa	2ndsem	Bengaei(H)	53
20	Mamata Jana	2nd sem	Bengali (4)	52
21	Sonate Nork	22d Som	Bengale (H)	41
22	Sunajit Manik	2nd sem	English (H)	341
23	Biberananda Mandal	endsem	English (H)	201
24	Dibyendu Das adhikany.	2nd. Sem	English (H)	272
25	Histigesh Das Adhi Nosi:	2rd som	English (H)	25%.



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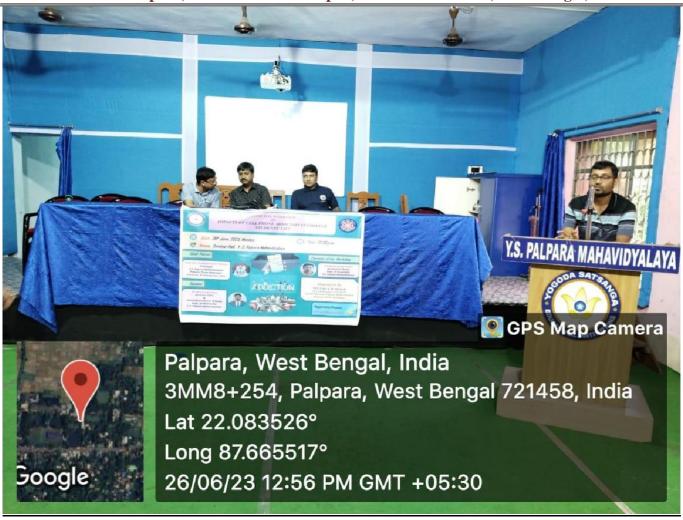
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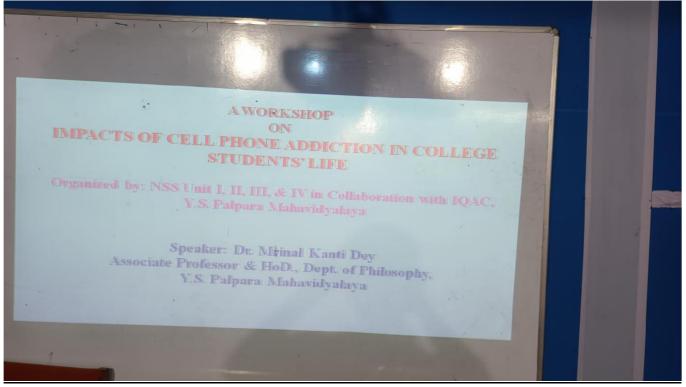


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Dr. Mrinal Kanti Dey, Associate Professor & HoD, Dept. of Philosophy during his Speech as a Resource Person



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Mr. Bhupen Mondal, NSS Programme Officer during his Speech



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Mr. Binod Kr. Sardar, NSS Programme Officer during his Speech



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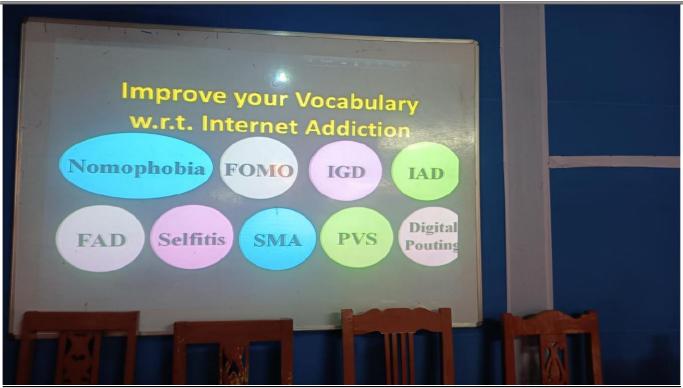


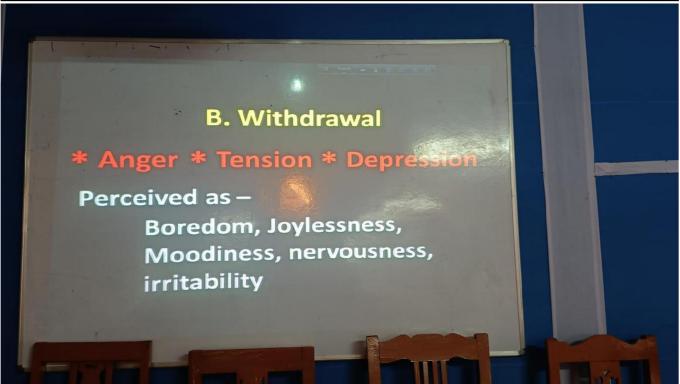


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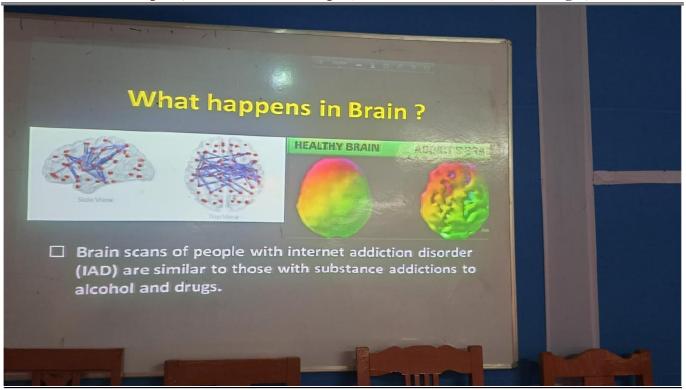




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3MM8+967, Palpara, West Bengal 721458, India

Latitude

22.0835683333333332°

Local 01:06:28 PM GMT 07:36:28 AM

Longitude

87.665488333333333°

Altitude 5 meters Monday, 26.06.2023



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Participants of the Workshop



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